



Your Health Care Home Quality Health Care

We are proud to be your health care home. As part of the Health Care Team, we want you to know that our goal is to provide you with quality health care services.

What does it mean when we say Quality Health Care?

Quality health care is service that provides you the best treatment for your condition, keeps you healthy, prevents disease and is provided when you need it.

How do we know we are providing Quality Health Care?

We collect and keep track of specific information that tells us about your status and how well we are doing our job as your health care provider.



We track treatment of some diseases like:

Asthma & Heart Disease

We track treatment of preventative services like:

- The number of children vaccinated before their 3rd birthday
- Checking your weight and giving you advice on how to stay healthy

We track treatment of health outcomes like:

Diabetes tests results, high blood pressure levels, and birth weight that is below normal



How do we get your information?

We usually get this information while you are in the office for a visit. We will put information into the computer like: weight, blood pressure, symptoms, lab test results, medicines, and recommendations that you are given to help you get better, like changing your diet or exercising.

The information we collect is sometimes specific to different things like, your age, gender, and if you have a certain health condition.

How do we use your information?

Everytime you come back to see us, we will check this information again. We can then compare it from one visit to another, and see if you are getting better and if the health care services we provide you are helping you with your overall health.

Your health care team will help you understand your health condition and work with you to get better and stay healthy.

How can you help us provide quality healthcare?

As a patient, you can also do your part to improve your health by...

- coming for your regular checkups and other appointments
- getting your lab and screening tests done
- getting vaccinated
- following your treatment plans, like taking your medicines, going to a specialist or counselor
- making changes to your life style habits when needed, such as eating healthy and exercising
- keeping track of your tests, labs, medications
- reporting your progress or problems to your provider
- reading and following the instructions that your health care provider may give you related to your health problem

Be a part of the TEAM!

Be ACTIVE in your healthcare!

Work with your health care team to achieve your health care goals. Let them know what is working or what may need to be changed. Ask questions and be informed. The more you know about your health, the more you will be able to track your progress and remain healthy for yourself and your family for a long time.



NCFH

National Center for Farmworker Health, Inc.

This project was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under U30CS0 9737, Technical Assistance to Community and Migrant Health Centers and Homeless, (\$1,583,856). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS, or the U.S. Government.