Protect Yourself with the TD or Tdap Vaccine!

The TD vaccine can help you prevent these 2 diseases:

Tetanus

A serious infection that affects your muscles and can cause trouble swallowing and breathing, or even death. You can get it from a cut or wound caused by contaminated objects, such as dirty tools and rusty wires. If you work on a farm, you may have a higher chance of getting this infection!

Diphtheria

A contagious infection that can affect your breathing, heart, and possibly cause death.

The Tdap vaccine can protect you from Tetanus and Diphtheria, and can also help prevent:

Pertussis

A contagious respiratory infection also called "whooping cough" that causes extreme cough and makes it hard to breath, eat, or drink.

Protect yourself and your family!

You can get the TD or TDap vaccine every ten years, even if you got it as a child. The vaccine is safe and recommended for kids, adults, pregnant women, and those around babies.

To find your nearest health center and get the TD/Tdap vaccine, contact
Call for Health at 1-800-377-9968 or through WhatsApp at 1-737-414-5121 or by opening your phone camera over the QR code.

NCFH
National Center for Farmworker Health, Inc.

MIGRANT HEALTH