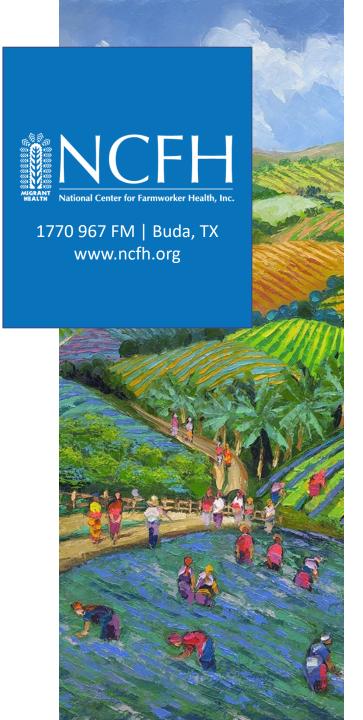
## 2024 Midwest Stream Forum

Uniting Communities to Cultivate Change for Health Equity

#MIDWESTSF24





# Gather Around the Table!

#### Peer-to-Peer Talks on Access to Care for Agricultural Workers

National Center for Farmworker Health April 17, 2024

© National Center for Farmworker Health

#### Learning Objectives

- Share best practices and access resources aimed at increasing access to care agricultural worker families.
- Engage in peer-to-peer discussions with health centers in the Midwest region to share challenges, successes, and current trends related to reaching and serving agricultural worker families in health centers.
- Identify needs and gaps in resources, training, and other support for increasing access to care for this population.



#### **Tables & Topics**

- Table 1: H-2A workers
- Table 2: Language Access
- Table 3:



#### **Round Table Field Notes**





#### **Round Table Discussions**

- Introductions spend a few minutes introducing yourself and sharing where you are joining from
- Identify a scribe pick someone to be responsible for writing down key points during the discussion on your flip chart paper
- Peer-to-Peer Sharing!
  - Be respectful of the views and opinions at your table
  - Share your experience and engage with the ag worker champions at your table
- **Share out** the last 15 minutes of our time will be dedicated to each group sharing what their table discussed

Exchange information, connect in Whova, network and collaborate!

#### Thank you!

© National Center for Farmworker Health



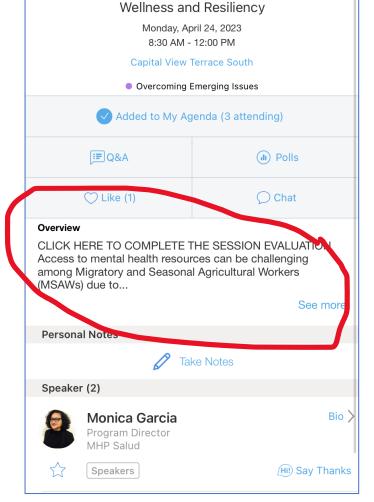


## Session Evaluation (in mobile app)

Intensive: Building Agricultural Worker

#### Please complete the evaluation for this session.

To do so, click on the link above session description on the Whova platform. In the mobile app, select session and expand description to access the evaluation link.



#### CLICK HERE TO COMPLETE THE SESSION EVALUATION

Access to mental health resources can be mallenging among Migratory and Seasonal Agricanural Workers (MSAWs) due to varied cultural conceptions of mental illness that can also limit their access to mental health care. The Community Resiliency Model (CRM) aims to help create trauma-informed and resiliency-focused communities that share a common understanding of the impact of trauma and chronic stress on the nervous system and how resiliency can be restored or increased using this skills-based approach. This interactive workshop will provide health center staff and Community Health Workers (CHWs) who work with MSAW populations with information and resources to promote self-care, community resiliency, and access to mental health well-being. Participants will practice the core CRM wellness skills: (1) Tracking, (2) Grounding, (3) Resourcing, (4) Gesturing, (5) Shift & Stay and (6) Help Now! - used to bring our bodies, mind, and spirit back into a state of balance. Participants will also have the opportunity to engage in peer-to-peer discussions on mental health concerns and address how these wellness skills can be made accessible to MSAWs and their families to build and restore resiliency.

Learning Objectives:



### Session Evaluation (QR Code)



https://www.surveymonkey.com/r/8QH3VBV



## Thank you for attending today's session!

#### Enjoy the rest of the Forum

**Uniting Communities to Cultivate Change for Health Equity** 

#### **#MIDWESTSF24**