

2024 Midwest Stream Forum

Uniting Communities to
Cultivate Change for
Health Equity

#MIDWESTSF24





NCFH

National Center for Farmworker Health, Inc.


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Gather Around the Table!

Peer-to-Peer Talks on Access to Care for Agricultural
Workers

National Center for Farmworker Health
April 17, 2024

A photograph of a cactus field, likely a cholla field, with a person wearing a hat and a light-colored shirt visible in the background. The field is filled with green cholla cacti. The sky is blue with some light clouds.

Learning Objectives

- Share best practices and access resources aimed at increasing access to care agricultural worker families.
- Engage in peer-to-peer discussions with health centers in the Midwest region to share challenges, successes, and current trends related to reaching and serving agricultural worker families in health centers.
- Identify needs and gaps in resources, training, and other support for increasing access to care for this population.



Tables & Topics

- Table 1: H-2A workers
- Table 2: Language Access
- Table 3:



Round Table Field Notes

CURRENT TRENDS

CHALLENGES

BEST PRACTICES/STRATEGIES

NEEDS & GAPS IN RESOURCES



Round Table Discussions

- **Introductions** – spend a few minutes introducing yourself and sharing where you are joining from
- **Identify a scribe** – pick someone to be responsible for writing down key points during the discussion on your flip chart paper
- **Peer-to-Peer Sharing!**
 - Be respectful of the views and opinions at your table
 - Share your experience and engage with the ag worker champions at your table
- **Share out** – the last 15 minutes of our time will be dedicated to each group sharing what their table discussed

Exchange information, connect in Whova, network and collaborate!

Thank you!

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Session Evaluation (in mobile app)

Please complete the evaluation for this session.

To do so, click on the link above session description on the Whova platform. In the mobile app, select session and expand description to access the evaluation link.

The screenshot shows a mobile app interface for a session titled "Intensive: Building Agricultural Worker Wellness and Resiliency". The session is scheduled for Monday, April 24, 2023, from 8:30 AM to 12:00 PM at Capital View Terrace South. The topic is "Overcoming Emerging Issues". A blue checkmark indicates it has been "Added to My Agenda (3 attending)". There are icons for Q&A, Polls, Like (1), and Chat. The "Overview" section contains the text: "CLICK HERE TO COMPLETE THE SESSION EVALUATION. Access to mental health resources can be challenging among Migratory and Seasonal Agricultural Workers (MSAWs) due to...". A red circle highlights this text. Below the overview is a "Personal Notes" section with a "Take Notes" button. The "Speaker (2)" section features a profile for Monica Garcia, Program Director at MHP Salud, with a "Bio" link. At the bottom, there are "Speakers" and "Say Thanks" buttons.

[CLICK HERE TO COMPLETE THE SESSION EVALUATION](#)

Access to mental health resources can be challenging among Migratory and Seasonal Agricultural Workers (MSAWs) due to varied cultural conceptions of mental illness that can also limit their access to mental health care. The Community Resiliency Model (CRM) aims to help create trauma-informed and resiliency-focused communities that share a common understanding of the impact of trauma and chronic stress on the nervous system and how resiliency can be restored or increased using this skills-based approach. This interactive workshop will provide health center staff and Community Health Workers (CHWs) who work with MSAW populations with information and resources to promote self-care, community resiliency, and access to mental health well-being. Participants will practice the core CRM wellness skills: (1) Tracking, (2) Grounding, (3) Resourcing, (4) Gesturing, (5) Shift & Stay and (6) Help Now! - used to bring our bodies, mind, and spirit back into a state of balance. Participants will also have the opportunity to engage in peer-to-peer discussions on mental health concerns and address how these wellness skills can be made accessible to MSAWs and their families to build and restore resiliency.

Learning Objectives:



Session Evaluation (QR Code)



<https://www.surveymonkey.com/r/8QH3VBV>



**Thank you for attending
today's session!**

**Enjoy the rest of the
Forum**

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